

APOSTOLIC CARMEL HIGH SCHOOL & JUNIOR COLLEGE,
BANDRA WEST, MUMBAI 400 050

CAREER GUIDANCE FOR THE STUDENTS OF STD 10

Choose a job you love and you will never have to work for a day in your life –Confucius

A Career guidance session was held for the students of Std 10 in the school hall at 9:30am on 17th January, 2023. The session was conducted by Mrs. Arleen Lobo our School Counsellor.

Career guidance helps students to fulfil their aspirations by setting up realistic goals. A career choice will determine the students' future by providing them with their dream job and providing with job satisfaction

The session began with the most important question. “What is a Career?” The students came up with various responses. A proper clarification was given to them about the difference between a ‘Career’ and a ‘Hobby’ and also if hobbies can be taken forward as career choices. Eg: artist, author, choreographer, chef, etc
A detailed explanation on the following careers was given to the students.

- Agriculture & Food
- Architecture & Construction
- Performing Arts (Audio/Video)
- Business & Finance
- Education & Training
- Government & Public Administration
- Health & Science
- Information Technology

The students were advised to ask themselves a few questions while making a career choice. For eg:

- What interests me?
- What are my current skills?
- What kind of personality do I have?
- What education training do I need to fulfil my career goals?
- What is the job outlook for this career?
- What education/training do I need?
- Which college is the best option?

- What was the cut off percentage in that college of my top 3 options last year?
- What is my goal/target percentage?

A very important point put forth was that when setting a goal, it should be a SMART Goal. The Acronym goes as follows:

S – Specific

M – Measurable

A – Achievable

R – Realistic

T – Timely

Goals can be short term or long term goals. Long term goals are normally related to career choice. The students were instructed to ponder on the following points:

- What do you want to be?
- How will you know when you have reached your goal?
- Is it in your power to accomplish it?
- Can you realistically achieve it?
- When do you exactly want to accomplish it(time frame)?

The session was interactive and informative and the students were able to clarify and clear their doubts.

A few students were asked to put down their views in the form of an essay on - 'Importance of Career Guidance'.

An exhibition of different career options available with regard to different fields was put up on the display boards in the school which proved to be quite informative for the students of Std 9 & Std 10.

The students were given a very inspirational quote at the end of the Session on which they could reflect on. It goes as follows:

“Imagine with all your mind,
Believe with all your heart,
Achieve with all your might”.

