

# *Apostolic Carmel Junior College*

## *India A Melting Pot of Culture or A Salad Bowl?*

*“India is the cradle of the human race...Our most valuable and most constructive materials in the history of man are treasured up in India only.”*

- Mark Twain.

**03<sup>rd</sup> July,2023:** Our country India is a diverse mix of cultures and traditions. In the light of this, Prof. Armine Bhagvager conducted an activity in Sociology for the students of XII Arts. The students were divided into four teams and competed with one another in the obstacle race! Just as our country overcomes various obstacles so did our students! The race consisted of various obstacles such as peeling an egg, putting on a shoe lace, buttoning a shirt, folding a bedsheet and packing a bag with books. Students realized that they have to work as a team if they wanted to win. The team which took the least amount of time to complete the race, were declared as winners!

Later, the students discussed about their socio-cultural background, language, their staple diet and festivals. Each of them carried food from their respective homes and shared it with their classmates. Thus, fostering the “we” feeling.

The students found the classroom activities informative, insightful and interesting. They enjoyed sharing their knowledge about their culture and tradition practiced in India. The enthusiasm and energy among the students were evident throughout the activity. The purpose of this activity was to inculcate in our students, a love for our country and pride in its rich and varied culture and heritage.

