

## A First Aid workshop

A first aid workshop was conducted for entire faculty of Apostolic Carmel High School Junior College. Ms. Madhuri Shinde with her expertise of Red cross, guided the teachers step-by-step on the basic treatment that can be given to students who experience any kind of health emergency before medical aid arrives.

Ms. Shinde emphasized the importance of assessing the danger before administering first aid, as well as the correct methods of giving first aid and maintaining hygiene before touching a wound. She demonstrated the proper way to use a variety of first aid supplies, such as bandages, splints, and tourniquets. The workshop was informative and helpful.













