

CARMEL MINDSET 2020

WORLD MENTAL HEALTH DAY- October 10 10 2020

The Junior College students of Std 12 came together to create awareness on the occasion of World Mental Health Day.

The Department of Arts(Psychology) organized an online contest themed" **Awareness through Expression**",where students made digital as well as handmade posters and created voice messages that sensitise the need to focus on good mental health.

Students actively participated from all the three sections(Arts, Commerce and Science)